USC Verdugo Hills Hospital

Keck Medicine of USC

TRANSPORTATION

Getting around can be challenging for a myriad of reasons. A key component for healthy living means getting to the doctor, community centers, grocery stores, and other places. Transportation resources within your own network may include friends, family, neighbors, and/or hired companions. In addition, there are public and private transportation services to explore.

Check with your medical insurance provider if they offer free or low-cost transportation to and from medical appointments.



The <u>USC VHH Community Resource Center for</u> Aging can help, contact us at **818-949-4033 or aging-resources@med.usc.edu**. To learn more, visit: <u>uscvhh.org</u>

PUBLIC TRANSPORTATION

Ask about discounts for older adults.

Glendale Beeline - (818) 548-3960 Metro Bus and Rail TAP Service - (866) 827-8246 Amtrak - (800) 872-7245

CURB-TO-CURB

Registration is required for most services. Age and disability certification may be required. Call for more information on low-cost van transportation. Personal attendants ride free.

Glendale Dial-A-Ride*

(818) 548-3960 - Registration (818) 247-0691 – Reservations glendaletransit.com

<u>La Canada Flintridge Dial-A-Ride*</u> (818) 247-0691 – For application & reservations

<u>ACCESS Services</u> (LA County)* (800) 827-0829 – Registration (800) 833-1295 – Reservations (800) 826-7280 – TDD *Wheelchair accessible

MEDI-CAL TRANSPORTATION

Non-emergency medical appointments for insurance members.

LA Care Medi-Cal - (888) 839-9909

lacare.org

HealthNet Medi-Cal - (855) 253-6863

CalOptima Medi-Cal - (833) 648-7528

TRANSPORTATION

TAXI SERVICE

Taxicabs licensed to pick up passengers in Glendale.

Bell Cab – (800) 340-8294 Checker Cab – (800) 750-4400 LA City Cab – (888) 249-9222 People's Taxi – (800) 505-2227 Yellow Cab – (800) 340-9294

City of Los Angeles

<u>Cityride Taxicab</u> Reduced fare for older adults and qualified disabled persons. (213) 808-7433 – Information

LA County Aging & Disabilities Department <u>New Freedom Taxicab</u>

For LA County eligible residents—65+ or disabled individuals. (888) 863-7411

GURNEY & WHEELCHAIR

Non-Emergency Transport

Check with your health plan for preferred vendors. Affinity Transport – (818) 800-4777 All Town – (818) 787-4949 American Professional* – (888) 703-3500 Hall's Trans – (626) 398-6854 Total Transport – (818) 763-8181 World Trans – (818) 766-0815

*Wheelchair only

ADD https://www.modivcare.com/facilities/ca/

VOLUNTEER SERVICES

<u>American Cancer Society</u>—Road To Recovery Free rides to cancer related medical appointments. Trained volunteer drivers pick up, accompany to appointments, and drop off patients at home. (800) 227-2345

Disabled American Veterans (DAV) Network

Free van rides to/from VA Medical Centers to veterans with no other transportation options. (213) 253-2677 – LA Ambulatory Care (818) 891-7711 – Sepulveda Ambulatory Care

(310) 268-3344 – West LA VA Medical Center

LA County Aging & Disabilities Department <u>New Freedom Volunteer Driver Program</u>

Eligible adults 65+ or disabled individuals get rides from volunteer drivers (family, friends, caregivers, & neighbors). Drivers use their personal vehicles and get mileage reimbursement. (888) 863-7411

DRIVING SUPPORT SERVICES

AAA Roadwise Driver

Resources for mature motorists

https://www.ace.aaa.com/automotive/driver-education/ senior-programs

Online and in-person course helps older drivers understand age-related changes and how to adjust driving accordingly.

AARP Driver Safety - aarpdriversafety.org Refresh driving skills with online course.

Rancho Los Amigos

Driver rehabilitation and training program. Physician referral for occupational therapy needed. 562-385-6536

NOTE: The content does not constitute a recommendation or endorsement of these agencies, but can be utilized as a convenience in locating services to meet specific needs.