

## TRANSPORTATION

(Updated 1/2023)

Transportation is a key component for healthy living, whether getting to the doctor, a community center, grocery store, or other places within our foothill communities. Transportation resources *beyond your own network*—friends, family, neighbors, and hired companions—can include: 1) Public transportation, 2) Curb-to-Curb services, 3) Volunteer driver services, and 4) Driving supports and services.

Below are a few ideas to add to your search. The **USC-VHH Community Resource Center for Aging** at **818.949.4033** can discuss the options and assist in narrowing in on solutions best for your situation.

Name of Service/ Contact	Operation Details	Cost	How to Sign-up & Notes
<b>PUBLIC TRANSPORTATION</b>			
<b>Glendale Beeline</b> <a href="http://GlendaleBeeline.com">GlendaleBeeline.com</a>  818-548-3960	Beeline operates twelve fixed routes serving the cities of Glendale and La Canada Flintridge including La Crescenta and Montrose.	Senior 62+ fare is \$0.50	Accepts cash, Beeline passes, TAP card/App, and valid Metrolink and Amtrak passes.
<b>Metro Bus and Rail</b> <a href="http://taptogo.net">taptogo.net</a>  Metro TAP Customer Service: 866-827-8246	Discounts to Seniors 62+	Senior fare \$0.75 Only \$0.35 from 9am-3pm & 7pm-5 am; weekends & federal holidays	Call or go online to obtain and submit the Senior or Disabled TAP card application.
<b>Amtrak</b>  800-872-7245 <a href="http://amtrak.com">amtrak.com</a>	Discounts to Seniors 65+, veterans, persons with disabilities and their companions	Fare varies by route	Call or go online to reserve and purchase tickets.
<b>CURB-TO-CURB SERVICES</b>			
<b>Glendale Dial-A-Ride*</b> <a href="http://glendaletransit.com/tools/dial-a-ride">glendaletransit.com/tools/dial-a-ride</a>  Reservation: 818-247-0691	Any Glendale, La Crescenta, or Montrose resident 65+, or younger disabled residents with medical certificate of disability. Hours: M-F 8am-6pm	\$1.50/one-way trip by a Dial-A-Ride van. Free to travel to a city meal program. Exact change is required. *Allowed to take one personal care	Must be registered by completing the registration form online or call Registration at 818-548-3960 to have a form mailed to you.

	Sat 9am-4pm Sun 9am-2pm	attendant free of charge	
<b>City of La Canada Flintridge</b>  Dial-A-Ride Reservations: 818-247-0691	Any La Canada Flintridge resident 60+, or younger disabled residents with medical certificate of disability. Hours: M-F 8am-6pm Sat 9am-4pm Sun 9am-2pm (except major holidays)	Free	Register by completing the form and send to City Hall. Use link for form: <a href="http://cityoflcf.org/wp-content/uploads/2019/08/LCF_DAR_Application_Fillable.pdf">cityoflcf.org/wp-content/uploads/2019/08/LCF_DAR_Application_Fillable.pdf</a>
<b>Access Services</b> <a href="http://accessla.org/">accessla.org/</a>  Reservations: 800-833-1295 800-826-7280 (TDD)	Call one day in advance to book.  Offers free bus service with some providers.	\$2.75/trips up to 19.9 miles. \$3.50/trips 20+ miles. \$2.00/trips Santa Clarita or Antelope Valley	Call to sign up and schedule an evaluation. Registration: 800-827-0829 800-827-1359
<b>New Freedom - Taxicab Services</b>  888-863-7411 newfreedom@wdacs.lacounty.gov	Age 60+ or dependent adult (ages 18-59) can apply for 4 one-way taxi trips per month (under 40 total miles). It is the responsibility of the client to find their own driver.	Mileage reimbursement for volunteer drivers. Due to funding limits not always open for new applicants.	Call or go online to obtain and submit the application. <a href="http://newfreedom.lacounty.gov/new-freedom-programs/">newfreedom.lacounty.gov/new-freedom-programs/</a>
<b>LA Yellow Cab</b> <a href="http://www.layellowcab.com">www.layellowcab.com</a>  424-222-2222	Reduced number of drivers and office staff. May require some waiting.		Online booking and "Rideyellow" cell phone app available.
<b>Uber Health</b> <a href="http://uberhealth.com/">uberhealth.com/</a>	Use via smart phone app. A healthcare associate books a ride on demand or for a future appt, using the dashboard to coordinate rides for health appointments.	Can get a quote of the fee in advance.	Download the online app to your phone
<b>Lyft</b> <a href="http://lyft.com/">lyft.com/</a>	Use via smart phone app	Can get a quote of the fee in advance	Download the online app to your phone
<b>GoGo Grandparent</b> <a href="http://gogograndparent.com">gogograndparent.com</a>  855-464-6872	GoGo Grandparent enables people who do not have smartphones to access Uber & Lyft.	Membership \$9.99/mo. Members pay a concierge fee of \$0.27/minute. Ride	See website for details or call in.

Ext. 68740	GoGo Grandparent can text a designated family member of person pick-up and drop-off.	fees depend on time of day and distance traveled. Tips paid in cash.	
<b>VOLUNTEER DRIVER SERVICES</b>			
<b>Disabled American Veterans Network</b> <a href="http://dav.org/veterans/i-need-a-ride">dav.org/veterans/i-need-a-ride</a>	Transport to and from VA Medical Centers.  Availability is dependent on volunteer drivers.	Free 7-to-10-day advance notice	Call the local VA hospital service coordinator. See link for local #: <a href="http://dav.org/wp-content/uploads/HSCDi-rectory.pdf">dav.org/wp-content/uploads/HSCDi-rectory.pdf</a>
<b>American Cancer Society</b> <a href="http://cancer.org/treatment/support-programs-and-services/road-to-recovery.html">cancer.org/treatment/support-programs-and-services/road-to-recovery.html</a>  800-227-2345 Ext.3	Road to Recovery: transport for medical appointments related directly to cancer treatment.	Free to patient and caregiver	Registration required Must be ambulatory Call in advance
Check your faith communities for volunteer drivers			May require riders to be congregant of their community.
<b>Pasadena Village</b> <a href="http://pasadenavillage.org/">pasadenavillage.org/</a>	Transportation provided by members.	Free to members	Membership required
<b>DRIVER SUPPORTS &amp; SERVICES</b>			
<b>AARP</b> <a href="http://aarpdriversafety.org">aarpdriversafety.org</a>	Smart Driver Course for drivers 55+.	AARP members- \$23.95 non-members- \$29.95	State-recognized driver improvement course.
<b>Automobile Club of Southern California</b> <a href="https://www.ace.aaa.com/automotive/driver-education/senior-programs.html">https://www.ace.aaa.com/automotive/driver-education/senior-programs.html</a>	For drivers 55+	8-hour initial course- \$19.95 4-hour refresher course-\$15.95	AAA members save \$4.00
<b>Rancho Los Amigos Wellness Center</b> <a href="http://dhs.lacounty.gov/rancho/patient-programs-and-services/driver-">dhs.lacounty.gov/rancho/patient-programs-and-services/driver-</a>	Driver Rehabilitation and Training Program - physician referral to Occupational Therapy required.	Not covered by insurance.	Outpatient Referral Office: 562-385-6536

<a href="#">rehabilitation-and-training-program/</a>	Available in English and Spanish.		
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