

LEGAL AND FINANCIAL RESOURCES

(Updated 1/2023)

Legal and financial concerns may involve managing daily affairs, expenses, and debt, making important health care decisions, as well as planning for long-term care expenses. Managing one’s estate, such as property and/or other assets also factors into these considerations. The misuse of an older person’s finances (whether from a stranger, professional, or family) may constitute elder financial exploitation which is illegal and punishable under the law.

Supportive services can come from family accountants, financial advisors, trusted realtors, and attorneys. Providers with specific training and expertise geared to older adults of varied economic backgrounds are available for tasks such as daily money management, estate planning, and property transactions. There are some of these specialists focused on residents here in the foothills that may be right for you.

The **USC-VHH Community Resource Center for Aging** can be reached by telephone at **818.949.4033** to discuss your needs and assist in narrowing in on resources that may be right for you. While we cannot endorse specific resources, here are contacts and additional information to support your needs.

Name of Service/Contact	Description	Notes
LEGAL RESOURCES		
Adult Protective Services wdacs.lacounty.gov/videos/aps-home-safe-program/ 877-477-3646	<ul style="list-style-type: none"> Provides access 24/7 to request investigation of older and disabled adults suspected of experiencing abuse, neglect, and/or exploitation. This includes people that may be self-neglecting their own needs 	No fees
California Department of Justice Attorney General's Office oag.ca.gov/home 800-952-5225	<ul style="list-style-type: none"> Repository of end-of-life resources. Website includes the Advance Health Care Directive form: Advanced Health Care Directive Form 	No fees
Five Wishes Your Living Will and Advanced Directive 850-681-2010	<ul style="list-style-type: none"> An advance care planning tool honored in most states, including California. Here you name someone to make decisions on your behalf if you are unable, as well as describe the comfort care measures you would want. 	No fees
Long-Term Care Ombudsman aging.ca.gov/Programs_and_Services/ Information Line: 800-510-2020 Ombudsmen Crisis Line: 800-231-4024	<ul style="list-style-type: none"> Provides 24/7 assistance to residents of long-term care facilities with concerns related to services/care, safety, residents’ rights/dignity, and inappropriate use of chemical or physical restraints. 	No fees

USC Verdugo Hills Hospital

Keck Medicine of USC

Community Resource Center for Aging

<p>National Institute on Aging Getting Your Affairs in Order www.nia.nih.gov/health/getting-your-affairs-order 800-222-2225</p>	<ul style="list-style-type: none"> • Documents with steps for getting your personal documents in order. Planning before an emergency can make all the difference for those who care about you. 	<p>No fees</p>
<p>State of California Department of Motor Vehicles Senior Drivers 800-777-0133 DMV Senior Ombudsman Los Angeles/Oxnard: (310)-615-3552</p>	<ul style="list-style-type: none"> • A collection of facts and information to support safe driving, including laws and policies concerning older adult drivers and licensing. Anyone can request the reexamination of a driver who has potentially become unsafe to drive. 	<p>No fees</p>
<p>FINANCIAL RESOURCES</p>		
<p>Family and Medical Leave Act (FMLA) www.dol.gov/agencies/whd/fmla 866-487-9243</p>	<ul style="list-style-type: none"> • Working caregivers from companies with 50 or more employees are allowed up to 12 weeks of unpaid leave to care for a seriously ill parent, spouse or child, while protecting job security. • Paid Family Leave (PFL) provides workers with a maximum of 6 weeks of partial pay each year while taking time off from work to care for a seriously ill parent, child, spouse, or registered domestic partner. 	<p>Employer sponsored</p>
<p>National Council on Aging AgeWell Planner ncoa.org/age-well-planner Benefits Check-Up benefitscheckup.org/ 800-794-6559 My Medicare Matters nationwide.mymedicarematters.org/</p>	<ul style="list-style-type: none"> • Online resources for Financial, Medicare and Health & Wellness guidance. • Online tools will match your unique needs to benefit programs and eligibility requirements for over 2,500 federal, state and private benefit programs to help pay for daily needs. • Online tool to choose the best Medicare plan. Understand enrollment, personal assessment, research options. 	<p>No fees</p>