

# FOOD & MEDICATION DELIVERY

(Updated 11/2022)

To maintain access to groceries and medications, consider local delivery options. Personalized delivery options may include friends, family, neighbors, and hired companions. When these sources are not possible, here are a few possibilities to explore. The **USC-VHH Community Resource Center for Aging at 818.949.4033** can discuss the options and assist in narrowing in on solutions best for your situation.

While we cannot endorse specific resources, here are contacts and additional information to support your needs.

Name of Service/Contact	Description	Notes
<b>GROCERY DELIVERY</b>		
<b>Albertsons</b> <a href="http://albertsons.com/">albertsons.com/</a>  877-505-4040	<ul style="list-style-type: none"> <li>• Delivery by the store or Instacart depending on the delivery options</li> <li>• Pickup also available</li> <li>• Order online</li> </ul>	<ul style="list-style-type: none"> <li>• \$30 minimum for both delivery and pickup</li> <li>• Unlimited free delivery with subscription.</li> </ul>
<b>Costco</b> <a href="http://costco.com/">costco.com/</a>  800-955-2292  Instacart support 888-246-7822	<ul style="list-style-type: none"> <li>• Same-day delivery by Instacart</li> <li>• 2-Day delivery by Costco</li> <li>• Costco membership required</li> <li>• Sign up with Instacart online</li> <li>• Tips recommended</li> </ul>	<ul style="list-style-type: none"> <li>• \$35 minimum, merchandise price includes the fees to Instacart</li> <li>• Free shipping with \$75 or more</li> </ul>
<b>Ralphs</b> <a href="http://ralphs.com/">ralphs.com/</a>  Customer Service 800-576-4377	<ul style="list-style-type: none"> <li>• Delivery by Instacart</li> <li>• Pickup available</li> <li>• Open up/sign into digital account and shop.</li> <li>• No prescription delivery/pickup is available</li> <li>• Order online</li> </ul>	<ul style="list-style-type: none"> <li>• \$9.95 to \$11.95 depending on delivery location</li> <li>• SNAP EBT accepted with pickup orders</li> <li>• No cash, check, gift card, or government benefits for delivery</li> </ul>
<b>Smart &amp; Final</b> <a href="http://smartandfinal.com/">smartandfinal.com/</a>  Customer Service 800-894-0511	<ul style="list-style-type: none"> <li>• Delivery by Shipt and TForce</li> <li>• Order online</li> </ul>	<ul style="list-style-type: none"> <li>• \$35 minimum with \$4.99 flat delivery fee</li> <li>• \$200 maximum on all orders</li> </ul>

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<p><b>Sprouts Farmer's Market</b> <a href="http://sprouts.com/">sprouts.com/</a></p> <p>920 Foothill Blvd La Canada Flintridge 91011 818-495-1103</p> <p>2245 Yosemite Dr Los Angeles 90041 323-423-1128</p>	<ul style="list-style-type: none"> <li>• Delivery and Pickup by Instacart</li> <li>• Sign up with Instacart</li> <li>• Order online</li> </ul>	<ul style="list-style-type: none"> <li>• \$10 minimum for both delivery and pickup</li> <li>• Instacart+ yearly subscription service qualifies customers for free delivery and pick up on all orders over \$35 ordered online</li> </ul>
<p><b>Target</b> <a href="http://target.com/">target.com/</a></p> <p>965 Town Center Dr La Canada Flintridge 91011 818-949-3422</p> <p>2626 Colorado Blvd Los Angeles 90041 323-258-1355</p> <p>2195 Glendale Galleria Glendale 91210 818-334-1400</p>	<ul style="list-style-type: none"> <li>• Delivery available by Shipt with fees</li> <li>• Free pick-up on select items</li> <li>• Order online or with Target app</li> <li>• Drive-up service is available only with Target app</li> </ul>	<ul style="list-style-type: none"> <li>• Shipt membership: \$99 of unlimited orders of \$35 or more or \$9.99 per order</li> </ul>
<p><b>Vons</b> <a href="https://www.vons.com/">https://www.vons.com/</a></p> <p>3233 Foothill Blvd La Crescenta 91214 818-658-1018</p> <p>2039 Verdugo Blvd Montrose 91020 818-249-4595</p>	<ul style="list-style-type: none"> <li>• Delivery by the store or Instacart depending on the delivery options</li> <li>• Pickup available</li> </ul>	<ul style="list-style-type: none"> <li>• \$30 minimum for both delivery and pickup at the store website</li> <li>• Delivery fee varies depending on the service</li> </ul>
<b>ONLINE DELIVERY SUPPORT</b>		
<p><a href="#">Amazon Fresh</a> <a href="#">Whole Foods Market</a> <a href="#">Amazon Pharmacy</a></p> <p>888-280-4331</p>	<ul style="list-style-type: none"> <li>• Amazon Fresh and Whole Foods delivery require Amazon Prime membership.</li> <li>• Order groceries (fresh produce, meat, and more) for delivery.</li> <li>• Prescription service for Amazon Prime members</li> <li>• Pre-made/catering foods are available for pickup. Order online <a href="http://wholefoodsmarket.com/">wholefoodsmarket.com/</a></li> </ul>	<ul style="list-style-type: none"> <li>• Free delivery with purchases of \$35 or more</li> <li>• Free 2-day delivery for Prime members</li> <li>• Prescriptions accept most insurance plans</li> </ul>
<p><b>Doordash</b> <a href="http://doordash.com/">doordash.com/</a></p>	<ul style="list-style-type: none"> <li>• On-demand meal delivery</li> </ul>	<ul style="list-style-type: none"> <li>• Fees vary</li> </ul>

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Customer Service (855)-973-1040	<ul style="list-style-type: none"> <li>Some convenience store type grocery items are also available</li> </ul>	<ul style="list-style-type: none"> <li>Sign up online or with smartphone app</li> </ul>
<b>GoGoGourmet</b> <a href="http://gogogourmet.com/">gogogourmet.com/</a> 855-754-5328	<ul style="list-style-type: none"> <li>Call 855-754-5328 to order from local restaurants or grocery stores</li> <li>Open daily 6 am – 7 PM</li> </ul>	<ul style="list-style-type: none"> <li>Requires paid monthly membership</li> <li>Basic plan: \$6.50/meal order; \$13/grocery order;</li> </ul>
<b>Instacart</b> <a href="http://instacart.com/">instacart.com/</a> 888-246-7822	<ul style="list-style-type: none"> <li>Personal shopping and delivery service.</li> <li>Partners with national and regional retailers</li> </ul>	<ul style="list-style-type: none"> <li>Price varies depending on the store and service.</li> <li>Sign up is free. Tips recommended.</li> </ul>
<b>Postmates</b> <a href="http://postmates.com/">postmates.com/</a> 888-815-7726	<ul style="list-style-type: none"> <li>On-demand meal delivery.</li> <li>Some convenience/drug store type grocery items are available</li> </ul>	<ul style="list-style-type: none"> <li>Fees vary</li> <li>Sign up online or with smartphone app</li> </ul>
<b>Shipt</b> <a href="http://shipt.com/">shipt.com/</a> 205-502-2500	<ul style="list-style-type: none"> <li>Personal groceries and household supplies delivery service.</li> <li>Partners with national and regional retailers.</li> </ul>	<ul style="list-style-type: none"> <li>Monthly membership (\$10.99) or annual (\$99/year) membership required</li> <li>Fees vary depending on purchase</li> </ul>
<b>Uber Eats</b> <a href="http://ubereats.com/">ubereats.com/</a> 833-275-3287	<ul style="list-style-type: none"> <li>On-demand meal delivery</li> <li>Sign up online. Smartphone app available</li> </ul>	<ul style="list-style-type: none"> <li>Fee varies depending on the order</li> </ul>
<b>PHARMACY DELIVERY</b>		
<b>986 Pharmacy</b> <a href="http://986pharmacy.com/">986pharmacy.com/</a> 1809 Verdugo Blvd Suite 110 Glendale 91208 818-928-1304	<ul style="list-style-type: none"> <li>Call to request prescription</li> <li>Hours: Mon-Fri 9am-6pm</li> </ul>	<ul style="list-style-type: none"> <li>Free prescription delivery within a 15 miles radius</li> </ul>
<b>Ariana Medical Pharmacy</b> <a href="http://ariannapharmacy.com/">ariannapharmacy.com/</a> 3600 N. Verdugo Rd Suite 103 Glendale 91208 818-957-9200	<ul style="list-style-type: none"> <li>Prescriptions and medical supplies delivery in Glendale.</li> <li>Hours: <ul style="list-style-type: none"> <li>Mon-Fri 9am-6pm</li> <li>Sat 10am-1:30pm</li> </ul> </li> <li>Fill out the online form or call to request delivery</li> </ul>	<ul style="list-style-type: none"> <li>Delivery fees vary</li> </ul>
<b>CVS Pharmacy</b> <a href="http://cvs.com/">cvs.com/</a>	<ul style="list-style-type: none"> <li>Purchases including qualifying prescriptions delivered.</li> </ul>	<ul style="list-style-type: none"> <li>Shop online or with smartphone app</li> </ul>

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<p>2037 Verdugo Blvd Montrose 91020 818-248-8018</p>	<ul style="list-style-type: none"> <li>• Delivery eligibility differs depending on the insurance and prescription benefit plans. Call for details.</li> <li>• Open 24 hours.</li> <li>• Montrose location closed from 1:30 – 2 PM daily for lunch</li> <li>• COVID-19 vaccination available</li> </ul>	<ul style="list-style-type: none"> <li>• Same day to 2-day delivery available</li> </ul>
<p><b>Flintridge Pharmacy</b>  529 Foothill Blvd La Canada Flintridge 91011 818-790-1802</p>	<ul style="list-style-type: none"> <li>• Free prescription delivery for La Canada residents after store hours</li> <li>• Free medical equipment delivery</li> </ul>	<ul style="list-style-type: none"> <li>• \$10 delivery fee for area outside of La Canada Flintridge</li> </ul>
<p><b>Marsh Village Pharmacy</b> <a href="http://marshvillagepharmacy.com/">marshvillagepharmacy.com/</a>  2143 Foothill Blvd La Canada Flintridge 91011 818-248-3643</p>	<ul style="list-style-type: none"> <li>• Free prescription delivery is available within a 5 miles radius once per month per family. Call for details.</li> <li>• Open Monday through Friday 9 am – 5 PM</li> </ul>	
<p><b>Rite Aid</b> <a href="http://www.riteaid.com/">www.riteaid.com/</a>  2647 West Foothill Blvd La Crescenta 91214 818-248-1016  647 Foothill Blvd La Canada Flintridge 91011 818-790-5577</p>	<ul style="list-style-type: none"> <li>• Free prescription delivery available.</li> <li>• Call for details</li> </ul>	
<p><b>Walgreens Pharmacy</b> <a href="http://www.walgreens.com/">www.walgreens.com/</a>  3001 Foothill Blvd La Crescenta 91214 818-541-7840</p>	<ul style="list-style-type: none"> <li>• Place delivery order through Walgreen's phone app or call.</li> <li>• Deliver to adjacent area, including parts of Pasadena and Glendale</li> <li>• Drive-thru prescription pickup is available.</li> </ul>	<ul style="list-style-type: none"> <li>• Free prescription delivery available.</li> <li>• Call for details</li> </ul>
<p><b><u>USC Verdugo Hills Professional Pharmacy</u></b>  1808 Verdugo Blvd Suite 111 Glendale 91208 818-952-2223</p>	<ul style="list-style-type: none"> <li>• Free prescription</li> <li>• Delivery available.</li> <li>• Call for details</li> </ul>	

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