

END-OF-LIFE

(Updated 11/2022)

Resources for end-of-life care address a myriad of issues, including personal preferences for managing care decisions, personal perspectives on type of care, as well as having one’s affairs in order beyond one’s lifetime. These resources are not endorsed, they are merely a list of resources to explore and utilize at your own discretion. The **USC-VHH Community Resource Center for Aging** can be reached by telephone at **818.949.4033** to discuss options further and assist in narrowing in on solutions for your specific situation.

While we cannot endorse these resources, they may help you explore new and accessible offerings available for little to no cost.

Name of Service/Contact	Description	Notes
ADVANCE DIRECTIVES		
California Dept of Justice Attorney General’s Office oag.ca.gov/ 800-952-5225	<ul style="list-style-type: none"> Repository end-of-life resources 	<ul style="list-style-type: none"> Free Advanced Directive form included in Website
California POLST Forms capolst.org/polst-for-healthcare-providers/forms/ 916-489-2222	<ul style="list-style-type: none"> POLST is designed for people who are seriously ill or medically frail. POLST gives patients more control over their end-of-life care. 	<ul style="list-style-type: none"> Fees may apply Free online version Pads of 100 available for purchase Available in multiple languages for translation purposes, but the form must be completed and signed in English for medical providers
Five Wishes fivewishes.org/five-wishes/individuals-families/individuals-and-families 850-681-2010	<ul style="list-style-type: none"> An advance care planning tool that is legal in most states including California. Name someone to make decisions on your behalf if you are unable, as well as describe preferred comfort care measures. 	<ul style="list-style-type: none"> Free Five Wishes provides articles, podcasts, videos, and other resources to assist families and/or individuals with planning end-of-life care. There is also an online version.
END OF LIFE CARE		
Compassionate Companions at Verdugo Hills Hospital www.compassionatefriends.org 818-236-3635	<ul style="list-style-type: none"> USC VHH patients can request a “compassionate companion” from this specialized volunteer program who can visit and/or sit with 	<ul style="list-style-type: none"> Free The program philosophy is for no one to be alone in their time of need

USC Verdugo Hills Hospital

Keck Medicine of **USC**

Community Resource Center for Aging

	those without family or close friends, during an illness and/or end of life of a child.	when they grieve the death of a child.
Faith & Hope Hospice & Palliative Care faithandhopehospice.com/ 877-797-1977	<ul style="list-style-type: none"> In-home hospice care provided by an interdisciplinary team of professionals Office is based in Pasadena and serves all of L.A County and the surrounding areas. 	<ul style="list-style-type: none"> Fees apply
Five Star Home Hospice Services 5starhospice.com/ 626-791-1764	<ul style="list-style-type: none"> In-home hospice services provided by an interdisciplinary team for maximum comfort 	<ul style="list-style-type: none"> Fees apply
Hospice Valley of Los Angeles hospicevalley.com/ 818-475-9334	<ul style="list-style-type: none"> Hospice services and palliative care Addresses physical, psychological, social and spiritual needs. Includes counseling, respite care and practical support. 	<ul style="list-style-type: none"> Fees apply A provider for Mandarin or Cantonese speakers in Los Angeles and surrounding areas.
Keiro - Iyashi Care https://www.keiro.org/what-we-do/iyashi-care 213-873-5791	<ul style="list-style-type: none"> A Keiro-Providence Partnership: advancing quality of life through a whole person approach. Bilingual team provides culturally sensitive palliative care for Japanese American and Japanese older adults with serious illnesses. 	<ul style="list-style-type: none"> Fees apply
Kinkaid Private Nursing Care at Home Los Angeles kinkaidprivatecare.com/ 866-573-1542	<ul style="list-style-type: none"> Specializes in coordinating in-home health care, in-home nursing care, and in-home drug/alcohol detoxification services 	<ul style="list-style-type: none"> Fees apply
Los Robles Health www.impacthc.org/agencies-los-robles-healthcare-at-home/ Gardena-LA County (310)-782-1177 Pasadena-LA County (626)-268-5663	<ul style="list-style-type: none"> Hospice Services Bridge to Care Coordination Caregiving & home health Remote patient monitoring Pharmacy/ medical management Team approach to meet physical, spiritual, emotional, and social needs. 	<ul style="list-style-type: none"> Fees apply

USC Verdugo Hills Hospital

Keck Medicine of USC

Community Resource Center for Aging

<p>VITAS Hospice Care www.vitas.com/ 844-537-0722</p>	<ul style="list-style-type: none"> • Local offices provide physician-ordered services for patients in need of end-of-life care support at home. • Palliative care • Inpatient hospice care • Emotional & spiritual care • Telecare is available 24/7 to answer questions and dispatch someone to the bedside. • Medical equipment, medications, and respite care. • In-patient care for a hospice patient may be available as needed. 	<ul style="list-style-type: none"> • Fees apply • Medicare benefit, plus other insurance, and private pay arrangements. • Medicare certified program. The program requires transition from primary medical care provider to the agency's physician.
FINAL PLANNING		
<p>National Institute on Aging Advance Care Planning Steps for getting your Affairs In Order</p>	<ul style="list-style-type: none"> • Steps for getting your personal documents in order and discussing your end-of-life preferences with your doctor. • Planning before an emergency can make all the difference for those that care about you. 	<ul style="list-style-type: none"> • Free • To download the PDF go directly to: AgePage: Getting Your Affairs in Order
<p>Funeral Consumer Alliance How To Choose A Funeral Home</p>	<ul style="list-style-type: none"> • Information on how to make funeral arrangements and on funeral consumer rights. 	<ul style="list-style-type: none"> • Note: USC VHH allows 3-5 days following a death for decisions and arrangements.
<p>FEMA Covid-19 Funeral Assistance fema.gov/disaster/coronavirus/economic/funeral-assistance 844-684-6333</p>	<ul style="list-style-type: none"> • Financial assistance for COVID-19 related funeral expenses incurred on/after 1/20/2020. 	<ul style="list-style-type: none"> • Free