

November is Alzheimer's Awareness Month

Brain Health Forum

A VIRTUAL WEBINAR

Presented by USC Verdugo Hills Hospital & USC California Alzheimer's Disease Center

Healthy Aging Benefits for the Brain

Saturday, November 21, 2020

9 am - 12:30 pm

Via Zoom Webinar - Registration Required

Schedule

9:00 - **Welcome**

Clifford Feldman, MD, JD, MFS

Clinical Director, USC Verdugo Hills Hospital Geropsychiatric Program

9:15 - 9:40

The Lancet Commission 2020 - Findings on Brain Health

Lon S. Schneider, MD, MS

Professor of Psychiatry and Neurology, Keck School of Medicine of USC Professor of Gerontology, USC Davis School of Gerontology

9:40 - 10:05

Exercise and the Brain

Judy Pa, PhD

*Associate Professor, Neurology and the Institute for Neuroimaging and Informatics
Keck School of Medicine of USC*

10:05 - 10:30

Genetics of Alzheimer's Disease

John M. Ringman, MD, MS

*Professor, Clinical Neurology, Memory and Aging Center
Keck School of Medicine of USC*

BREAK WITH QUESTIONS

11:00 - 11:20

Protective Effects of Social Connection

Adria Navarro, PhD, LCSW

Project Manager

USC Verdugo Hills Hospital Community Resource Center for Aging

11:25 - 11:40

Benefits of Participating in Research

Alice Gunderson, BA, BS

Brain Research Study Family Liaison

USC/Rancho Los Amigos Geriatric Neurobehavior and Alzheimer Center

11:40 - 12:00

Healthy Life Style

John J. Danner, LCSW

ADRC Brain Donation Research Coordinator, USC California Alzheimer's Disease Center

QUESTIONS

YOU MUST REGISTER TO ATTEND

Online registration:

bit.ly/USCVHHBrainHealth

Questions?

Contact Purnima Panchal at:

(818) 952-3592

**USC Verdugo
Hills Hospital**

Keck Medicine of **USC**

USC California Alzheimer's Disease Center

<https://brainhealth.usc.edu>