TRANSPORTATION

Transportation is a key component for healthy living, whether getting to the doctor, a community center, grocery store or other places within our foothill communities. Transportation resources *beyond your own network*—friends, family, neighbors, and hired companions—can include: 1. Public transportation, 2. Curb-to-Curb services, 3. Volunteer driver services, and 4. Driving supports and services.

Here are a few ideas to add to your search. The USC Verdugo Hills Hospital Community Resource Center for Aging (818.949.4033) can discuss the options and assist in narrowing in on solutions best for your situation.

PUBLIC TRANSPORTATION			
Name of Service/Contact	**Operation Details**	**Cost**	**How to Sign-up/Notes**
Glendale Beeline https://www.glendaleca.gov/government/departments/community-development/urban-design-mobility/public-transportation/beeline-bus	Beeline operates nine fixed routes serving the cities of Glendale and La Canada Flintridge including the unincorporated areas of La Crescenta and Montrose.	$0.50 for each one-way trip when boarding on regular Beeline route, $2.00 for Express routes. $0.15 Beeline transfer.	Metro TAP card can also be used.
Metro Bus and Rail Metro TAP Customer Service 1-866-TAPTOGO (1-866-827-8246) or www.taptogo.net.	Discounts to Seniors 62+	Senior fare is $0.75. Only $0.35 between 9am to 3pm & 7pm to 5	Call or go online to obtain and submit the Senior or

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		am; as well as weekends and federal holidays.	Disabled TAP card application.
Amtrak 800-872-7245 (800-USA-RAIL) Website: amtrak.com	Discounts to Seniors 62+, veterans, persons with disabilities and their companions	Varies by route	Call or go online to reserve and purchase tickets.
CURB-TO-CURB SERVICES			
Name of Service/Contact	**Operation Details**	**Cost**	**How to Sign-up/Notes**
Glendale Dial-A-Ride* https://www.glendaleca.gov/government/departments/public-works/public-transportation/dial-a-ride	Any Glendale, La Crescenta, or Montrose resident 65+, or younger disabled residents with medical certificate of disability. Hours: Mon-Fri 8am-6pm, Sat 9am-4pm, and Sun 9am-2pm.	$1.50 for each one-way trip by a Dial-A-Ride van. Free to travel to a city meal program. Exact change is required.	Must be registered by completing the registration form. *Currently, only one passenger rides per vehicle.

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City of La Canada Flintridge Dial-A-Ride (818) 247-0691 https://cityoflcf.org/wp-content/uploads/2019/08/LCF_DAR_Application_Fillable.pdf	Any La Canada Flintridge resident 60+, or younger disabled residents with medical certificate of disability. Hours: Mon-Fri 8am-6pm, Sat 9am-4pm, and Sun 9am-2pm	Free	Register by completing the form found online and mailing to City Hall.
Access Services 800.827.0829 https://accessla.org/		Dependent on trip	Call to sign up. Once approved, call to book a trip: 800.883.1295 TDD: 800.826.7280
New Freedom: Taxicab Services Program (TSP) 888.863.7411 newfreedom@wdacs.lacounty.gov Website: http://newfreedom.lacounty.gov	Age 60+ or dependent adult (ages 18-59) can apply for 4 one-way taxi trips per month (under 40 total miles).	Free Due to funding limits not always open for new applicates.	Call or go online to obtain and submit the application.

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LA Yellow Cab 424.222.2222 www.layellowcab.com	Reduced number of drivers and office staff. May require some waiting.		Online booking and "Rideyellow" cell phone app available.
Uber	Use via a smart phone app	Can get a quote of the fee in advance	Download the online application (app)
Lyft	Use via smart phone app	Can get a quote of the fee in advance	Download the online application (app)
GoGo Grandparent 855.464.6872 www.gogograndparent.com	GoGo Grandparent enables people who do not have smartphones to access Uber and Lyft. GoGo Grandparent can also text a designated family member of person's picked up and drop off.	Membership $9.99/mo. Ride fees depends on time of day and distance traveled plus concierge fee of $0.27/minute. Tips are paid in cash.	See website for details or call in.

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VOLUNTEER DRIVER SERVICES			
Name of Service/Contact	**Operation Details**	**Cost**	**How to Sign-up/Notes**
Disabled American Veterans (DAV) Network 310.283.5796 Website: dav.org/veterans/i-need-a-ride	Transports to and from VA Medical Centers.	Free, 7-10 day advance notice.	Registration required.
Road to Recovery American Cancer Society 888.227.6333 ext. 5 Website: cancer.org/treatment/supportprogramsservices/road-to-recovery	Transport for medical appointments related directly to cancer treatment.	Free to patient and caregiver	Registration requires. Must be ambulatory.
Check faith your communities for volunteer drivers			May require rider to be congregant of their community.
Pasadena Village members			Membership required.
DRIVER SUPPORTS & SERVICES			
Name of Service/Contact	**Operation Details**	**Cost**	**How to Sign-up/Notes**
AARP Smart Driver Course 800-350-7025 Website: aarpdriversafety.org	For drivers 55+	$20 $15 AARP members	State-recognized driver improvement course.

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Rancho Los Amigos-Driver Evaluation https://dhs.lacounty.gov/rancho/patient-programs-and-services/driver-rehabilitation-and-training-program/	Physician referral required for this Occupational Therapy service.	Not covered by insurance.	Discuss with your medical provider.

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