

## FOOD AND MEDICATION DELIVERY

To always maintain access to groceries and medications consider local delivery options. Personalized delivery options may include friends, family, neighbors, and hired companions. When these sources are not possible, here are a few possibilities to explore. The USC Verdugo Hills Hospital Community Resource Center for Aging (818.949.4033) can discuss the options and assist in narrowing in on solutions best for your situation.

Name of Service/Contact	Operation Details	Cost	How to Sign-up/Notes
<b>GROCERY DELIVERY</b>			
Albertsons ( <a href="https://www.albertsons.com/">https://www.albertsons.com/</a> )	Delivery by the store or Instacart depending on the delivery options.  Pickup	\$30 minimum for both delivery and pickup at the store website. Delivery fee varies depending on the service.	Order at albertsons.com
Costco ( <a href="https://www.costco.com/">https://www.costco.com/</a> )	Same-day delivery by Instacart  2-Day delivery by Costco	\$35 minimum, merchandise price includes the fees to Instacart Free shipping with \$75 or more	Costco member only. Sign up with Instacart online. Tips recommended.
Ralphs ( <a href="http://www.ralphs.com">http://www.ralphs.com</a> )	Delivery by Instacart  Pickup	\$9.95 to \$11.95 depending on the delivery location. No pickup fee at this time.	Open up/sign in to digital account and shop. The final total amount could be different depending on the availability, etc. No prescription delivery/pickup is available at this time.No cash, check, gift card, government benefits accepted for delivery. SNAP EBT payments are accepted

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			with pickup orders.
Smart & Final ( <a href="https://www.smartandfinal.com/">https://www.smartandfinal.com/</a> )	Delivery by Shipt and TForce	\$35 minimum with \$4.99 flat delivery fee	Order at Smartandfinal.com
Sprouts Farmer’s Market ( <a href="https://www.sprouts.com/">https://www.sprouts.com/</a> )	Delivery and Pickup by Instacart	\$10 minimum for both delivery and pickup	Sign up with Instacart and purchase online. Tips recommended for delivery.
Vons ( <a href="https://www.vons.com/">https://www.vons.com/</a> )	Delivery by the store or Instacart depending on the delivery options.  Pickup	\$30 minimum for both delivery and pickup at the store website. Delivery fee varies depending on the service	Order at vons.com
<b>ONLINE DELIVERY SUPPORT</b>			
Amazon Fresh ( <a href="https://www.amazon.com/alm/storefront?almBrandId=QW1hem9uIEZyZXNo">https://www.amazon.com/alm/storefront?almBrandId=QW1hem9uIEZyZXNo</a> )  Amazon Pantry ( <a href="https://www.amazon.com/gp/pantry/info?tag=googhydr-20&amp;hvadid=223646217007&amp;hvp os=&amp;hvexid=&amp;hvnetw=g&amp;hvr and=6631567039007036609&amp;hvpon e=&amp;hvptwo=&amp;hvqmt=e&amp;hvdev=c &amp;hvdvcm dl=&amp;hvlocint=&amp;hvlocph y=9031140&amp;hvtargid=kwd-">https://www.amazon.com/gp/pantry/info?tag=googhydr-20&amp;hvadid=223646217007&amp;hvp os=&amp;hvexid=&amp;hvnetw=g&amp;hvr and=6631567039007036609&amp;hvpon e=&amp;hvptwo=&amp;hvqmt=e&amp;hvdev=c &amp;hvdvcm dl=&amp;hvlocint=&amp;hvlocph y=9031140&amp;hvtargid=kwd-</a> )	Grocery (fresh produce, meat, and more) delivery for Amazon Prime members only.  Household essentials delivered by Amazon	Free delivery with purchases of \$35 or more.  Amazon Prime members-free delivery for purchases of \$35 or more, otherwise flat shipping fee is \$5.99 per order. Non Prime members- \$5.99 fee for all orders.  SNAP EBT accepted.	Purchase online. Amazon Fresh requires membership in Amazon Prime.

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<a href="#">69476098262&amp;ref=pd_sl_7z63e8sfm8_e)</a>			
Doordash ( <a href="http://doordash.com">doordash.com</a> )	On-demand meal delivery. Some convenience store type grocery items are also available.	Fee varies depending on the order.	Sign up online. Smartphone app available.
GoGoGourmet ( <a href="https://www.gogogourmet.com/">https://www.gogogourmet.com/</a> )	GoGoGrandparent's new service. Call 855.754.5328 to place your order from local restaurants or grocery stores. Open every day, 6am-7pm. Call 855.222.4919 to place your grocery or over the counter medications. Open every day, 5am-6pm.	\$6.50 per request for meal order.  \$13 per order	Call 855.754.5328 to get a list or visit their website for the restaurants in your area.  Call 855.222.4919 to get a list of grocery stores
Instacart ( <a href="http://www.instacart.com">www.instacart.com</a> )	Personal shopping and delivery service. Partners with national and regional retailers.	Varies depending on the store and service.	Sign up is free. Tips recommended.
Postmates ( <a href="http://postmates.com">postmates.com</a> )	On-demand meal delivery. Some convenience/drug store type grocery items are also available.	Fee varies depending on the order.	Sign up online. Smartphone app available.
Shipt ( <a href="http://shipt.com">shipt.com</a> )	Personal shopping and delivery service. Partners	Varies depending on the purchase amount.	Monthly (\$14/mo) or annual (\$99/year) membership is

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	with national and regional retailers. Partners with national and regional retailers.		required.
Uber Eats ( <a href="https://www.ubereats.com/">https://www.ubereats.com/</a> )	On-demand meal delivery.	Fee varies depending on the order.	Sign up online. Smartphone app available.
<b>PHARMACY DELIVERY</b>			
Arianna Medical Pharmacy ( <a href="http://www.ariannapharmacy.com/">http://www.ariannapharmacy.com/</a> ) 3600 N. Verdugo Rd., Ste 103 Glendale, CA 91208	Prescription delivery in Glendale. Hours: Mon-Fri/9am-6pm, Sat/10am-1:30pm.	Delivery fees vary.	Fill out the online form or call 818.957.9200 to request delivery.
CVS Pharmacy ( <a href="https://www.cvs.com/store-locator/cvs-pharmacy-address/2037+Verdugo+Boulevard-Montrose-CA-91020/storeid=9647">https://www.cvs.com/store-locator/cvs-pharmacy-address/2037+Verdugo+Boulevard-Montrose-CA-91020/storeid=9647</a> ) 2037 Verdugo Blvd. Montrose, CA 91020	Purchases including prescriptions delivered. Open 24 hours.	Delivery is now free.	Sign up for the CVS app, using it to shop or order prescriptions. Once notified order is ready select the option of 1-2 day delivery or same day with Shipt.
986 Pharmacy ( <a href="https://www.986pharmacy.net/">https://www.986pharmacy.net/</a> ) 1809 Verdugo Blvd., Ste 110 Glendale, CA 91208	Free prescription delivery in 15 miles radius Hours: Mon-Fri/9am-6pm		Request delivery by calling 818.928.1304.
Flintridge Pharmacy	Free prescription delivery made for La Canada		Call 818.790.1802 for more detailed info.

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<p>(<a href="https://www.flintridgepharmacy.com/">https://www.flintridgepharmacy.com/</a>)529 Foothill Blvd., La Canada Flintridge, CA 91011.</p>	<p>residents after store hours. Call the pharmacy for the details and other areas., ,</p>		
<p>Rite Aid (<a href="https://www.riteaid.com/">https://www.riteaid.com/</a>) 2647 West Foothill Blvd., La Crescenta, CA 91214 647 Foothill Blvd., La Canada Flintridge, CA 91011</p>	<p>Free prescription delivery available. Call for details.</p>		<p>818.248.1016 (La Crescenta) 818.790.5577 (La Canada)</p>
<p>USC Verdugo Hills Professional Pharmacy (<a href="https://www.mygnp.com/pharmacies/usc-verdugo-hills-professional-pharmacy-glendale-ca-91208/">https://www.mygnp.com/pharmacies/usc-verdugo-hills-professional-pharmacy-glendale-ca-91208/</a>) 1808 Verdugo Blvd., Ste 111 Glendale, CA 91208</p>	<p>Free prescription delivery available. Limited pick up also available two hours daily. Call for details.</p>		<p>818.952.2223</p>