

END-OF-LIFE (updated 9/2020)

Resources for end-of-life care address a myriad of issues, including personal preferences for managing care decisions, personal perspectives on type of care, as well as having one's affairs in order beyond one's lifetime. These resources are not endorsed, they are merely a list of resources to explore and utilize at your own discretion. The USC Verdugo Hills Hospital Community Resource Center for Aging can be reached by telephone at 818.949.4033 to discuss options further and assist in narrowing in on solutions for your specific situation.

ADVANCE DIRECTIVES			
Name of Service/Contact	Description	Fees	Notes
California Department of Justice, Attorney General's Office State of California - Department of Justice - Office of the Attorney General	Repository of end-of-life resources.	None	Website includes the Advance Health Care Directive form: Advanced Health Care Directive Form
Five Wishes Your Living Will and Advance Directive	This is an advance care planning tool that is legal in most states including California. Here you name someone to make decisions on your behalf if you are unable, as well as describe the comfort care measures you would want.	None	The website provides useful information to assist families and/or individuals with planning for end-of-life care. There is also an online version.
END OF LIFE CARE			
Name of Service/Contact	Description	Fees	Notes
No One Dies Alone (NODA) For more information contact:	USC VHH patients can request a "compassionate companion" from this	None	The program philosophy is for no one to be alone in their time of need.

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<p>USC VHH Patient and Family Services 818.952.2285</p>	<p>specialized volunteer program who can visit and/or sit with those without family or close friends, during an illness and/or end of life.</p>		
<p>Questions and Answers about Hospice QUESTIONS & ANSWERS</p>	<p>Narratives and questions to help determine if hospice care in your home is right for you and your family.</p>	<p>None</p>	<p>Uses cultural perspective of the African American experience.</p>
<p>VITAS Hospice Care 855.409.2079 Hospice Care at Home</p>	<p>This national company has local offices to provide several physician-ordered services for patients and their families needing end-of-life care support at home (with a prognosis of 6 or fewer months). Telecare is available 24/7/365 to answer questions and dispatch someone to the bedside, if necessary. Medical equipment, medications, and respite care are part of this Medicare-certified program.</p>	<p>Medicare benefit, plus other insurance and private pay arrangements</p>	<p>While most recipients receive hospice care at home, inpatient care for a hospice patient may also be available when family/caregiver(s) need brief time off for themselves.</p> <p>Discuss hospice options with your physician, as this program requires you to transition your primary medical care provider to the agency's physician that sits on the hospice healthcare team.</p>

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FINAL PLANNING			
Name of Service/Contact	Description	Fees	Notes
National Institute on Aging Getting Your Affairs in Order (June 2018) Steps for Getting Your Affairs in Order	This document has steps for getting your personal documents in order. Planning before an emergency can make all the difference for those that care about you.	None	To download the PDF go directly to: AgePage: Getting Your Affairs in Order
Funeral Arrangements How To Choose A Funeral Home	Information on steps to making arrangements and consumer rights.	Vary greatly by arrangement.	Note that USC VHH allows 3-5 days following a death for decisions and arrangements to be made.