



**USC Verdugo  
Hills Hospital**  
Keck Medicine of USC



**YOUR WELLBEING.  
YOUR COMMUNITY.**

A community health and wellness fair for the entire family.

# Healthy Pumpkin Baking Contest

**Are you a baker? Share  
your (HEALTHY) Pumpkin  
Recipes with the  
community!**

**PRIZES WILL BE AWARDED FOR:**

**Best Tasting**

**Healthiest Ingredients**

**Grand Prize Taste/Health Combo**

Prizes are gift certificates to:  
Jane's Cakes and Chocolates

## Contest Info:

Drop off your baked goods at the  
USC-VHH/YMCA Health and Wellbeing Fair  
On Saturday, October 21st after 10 a.m.  
1808 Verdugo Blvd., Glendale, CA 91208

Judging will begin at 1 p.m.

Please ensure pumpkin is one of your  
ingredients and bring a copy of your recipe\*.  
You will be asked to fill out an entry card.

Winners will be announced at 2 p.m.

For more information e-mail:  
[contest@vhh.usc.edu](mailto:contest@vhh.usc.edu)

\*winning recipes may be published in local papers

