

USC Verdugo Hills Hospital

Keck Medicine of USC



Patient Rights

Booklet

USC Verdugo Hills Hospital
1812 Verdugo Blvd
Glendale, CA 91208
USCVHH.org

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WELCOME

Welcome to USC Verdugo Hills Hospital. While you are our patient, you are our primary concern! Our goal is to provide you high quality, compassionate and safe care.

If you have any questions or concerns related to your care, treatment, services or safety, or would just like to say “thanks”, we want to hear from you. Information is posted in your room on how to reach the charge nurse or Clinical Director on your unit. Or you may contact Nursing Administration **x 2295** or Quality Management **x 4653** to assist with any of your concerns, or dial (o) and ask the operator to page the House Supervisor at any time.

Your room has been cleaned and checked by Housekeeping to make sure everything in the room is safe and in working order. If you find that something needs to be cleaned, repaired or is unsafe, please call x 2201 or inform your nurse and we will correct it as quickly as possible.

PATIENT RIGHTS BOOKLET

Easy Reference

You will find the following information included throughout various sections of this booklet.

| | |
|--------------------------------|-------|
| Admitting | X2230 |
| Hospital Administration..... | X2210 |
| Nursing Administration..... | X2295 |
| Patient & Family Services..... | X2285 |

Discharge Planning and Social Services

| | |
|--|--|
| Plant Operations..... | X2201 |
| California Medical Association..... | (800)633-2322 |
| | (916)263-2382 |
| Department of Public Health..... | (626)569-3724 |
| Health Facilities Inspection Division..... | (800)228-1019 |
| 24 Hr | (213)974-1234 |
| Medical Board of California..... | (800)786-4262 |
| Medicare..... | (800)633-4227 |
| TTY..... | (877)486-2048 |
| Quality Improvement Organization (QIO)..... | (800)841-1602 |
| www.californialung.org | www.lungusa.org |
| www.cmanet.org | www.mbc.ca.gov |

ADVANCE DIRECTIVES or POLST - To obtain an advance directive form or a POLST form, or to receive further assistance, please contact Patient and Family Services at **x 2285**, or ask your nurse or admitting representative to call for you.

BIOETHICS COMMITTEE - The patient or the patient's surrogate decision maker has the right to be involved in all decisions regarding the patient's medical care. If you have an ethical concern regarding your medical care, you can request assistance from the Bioethics Committee by calling Nursing Administration **x 2295** or Patient & Family Services **x 2285**.

CLERGY - If you would like to speak to a clergy member, please notify your nurse. They can make the arrangements for you.

LANGUAGE SERVICES - If you need translation/ interpreter services, including sign language or services for the hearing impaired, please call **x 2295**.

PATIENT CONCERNS - We encourage patients to express their concerns or dissatisfaction with any services we have provided. If you have any concerns, please contact the clinical director of the unit. If the clinical director is unable to resolve the issue, please call Patient Relations at x4653. After hours and weekends, please call Nursing Administration **x 2295**. We will respond to all concerns as quickly as possible. **To file a complaint** with the Department of Public Health, Health Facilities Division (3400 Aerojet Avenue #323,

El Monte, CA 91731) regarding a concerns of abuse, neglect or misappropriation of personal property within the facility, call (626) 569-3724, (800) 228-1019 or (213) 974-1234 (24 hr). The consumer complaint line for the Medical Board of California is (800) 633-2322. If you are a Medicare Beneficiary, you also have the right to contact the Quality Improvement Organization (QIO) at (800) 841-1602 or Medicare at (800) 633-4227, TTY (877) 486-2048 for concerns regarding coverage, quality of care and premature discharge.

PATIENT RIGHTS - For any questions or concerns about Patient Rights, call the Patient and Family Services Department **x 2285**, Monday – Friday, 8:00 a.m. – 4:30 p.m. After hours and weekends, please call Nursing Administration, **x 2295**.

PRIVACY - You may request confidentiality about your hospital stay by notifying Admitting **x 2230**, or by speaking with your nurse. Unless you request confidentiality, the following information may be released: name, age, city of residence, general description of your illness and your current condition. Of course, no information will be given out regarding patients staying in our Behavioral Medicine units.

Our Mission of Quality & Commitment

USC Verdugo Hills Hospital respects the rights of the patient, recognizes that each patient is an individual with unique health care needs, and, because of the importance of respecting each patient's personal dignity, provides considerate and respectful care focused upon the patient's individual needs.

Through appropriately adopted policies, the Hospital affirms the patient's right to make decisions regarding their medical care, including the decision to discontinue treatment, to the extent permitted by law.

Hospital personnel are available to assist the patient in the exercise of their rights. They will also inform the patient of any responsibilities incumbent upon them in the exercise of those rights. Hospital staff and practitioners shall comply with these directives; all patient rights apply to your designated decision-maker. Listed next is a summary of those rights.

Patient's Rights

You have the right to:

- Considerate and respectful care.
- Have a representative of your choosing and your physician notified upon admission to the hospital.
- Know the name of the physician who has primary responsibility for coordinating your care, as well as names and professional relationships of others who will see you.
- Receive as much information as needed in a language you can understand about any treatment or procedure which is proposed, in order for you to make an informed decision and to participate in your plan of care, including ethical questions regarding the withholding of resuscitative services, forgoing or withdrawing of life-sustaining treatment or resolving any conflicts or misunderstandings.
- Request or refuse treatment, including leaving the hospital against the advice of physicians, to the extent permitted by law. However, you do not have the right to demand inappropriate or medically unnecessary treatment or services.
- Refuse to participate, if the hospital physician proposes to engage in or perform human experimentation.
- Reasonable responses to any reasonable requests made for service.

- Pain relief. Unrelieved pain can delay recovery, cause sleep problems, and negatively impact a person's quality of life. We may not be able to eliminate all pain in some circumstances.
- Formulate advance directives, including designating a decision-maker if you become incapacitated.
- Have personal privacy respected and be told the reason for the presence of any individual.
- Confidential treatment of all communications and records pertaining to your care. Basic information may be released to the public, unless specifically prohibited in writing by you.
- Access information contained in your records within a reasonable time frame, except in certain circumstances specified by law.
- Receive care in a safe setting, free from verbal or physical abuse or harassment. You have the right to access protective services and advocacy services.
- Be free from restraints and seclusion of any form used as a means of coercion, discipline, convenience or retaliation by staff.
- Reasonable continuity of care, including the time and location of appointments and the identity of the persons providing the care.
- Be involved in the development and implementation of your discharge plan and to be informed by the physician, or his/her designee, of continuing health care requirements following discharge from the hospital.
- Know which hospital rules and policies apply to your conduct while a patient.

- Designate a support person as well as visitors of your choosing, unless:
 - No visitors are allowed.
 - The presence of a particular visitor would endanger the health or safety of a patient, a member of the staff, or other visitors, or would disrupt the operations of the facility.
 - You have told the staff that you no longer want a particular person to visit. If you do not have decision-making capacity at a minimum we would consider persons living in your household as well as any other identified support person.
- Examine and receive an explanation of the hospital's bill, regardless of the source of payment.
- Exercise these rights without regard to sex, age, economic status, educational background, race, color, religion, ancestry, national origin, sexual orientation or marital status, gender identity, or the source of payment for care.
- File a grievance and/or file a complaint with the hospital **x4653** and be informed of the action, or with the State Department of Public Health Facilities, Inspection Division **(626)569-3724, (800)228-1019** or **(213)974-1234**, 24 hr and/or the Quality Improvement Organization (QIO) at **(800) 841-1602**.
- In addition to the above patient rights, patients in mental health settings have the following rights:
 - To wear one's own clothes, to keep and use one's own personal possessions including toilet articles and to keep and be allowed to spend a reasonable sum of one's own money for canteen expenses and small purchases.
 - To have access to individual storage space for one's private use.

To see visitors each day.

- To have reasonable access to telephones, both to make and receive confidential calls or to have such calls made for you.
- To have ready access to letter-writing materials, including stamps, and to mail and to receive unopened correspondence.
- To refuse convulsive treatment, including, but not limited to, electroconvulsive treatment, any treatment for a mental condition that depends on the induction of a convulsion by any means, and insulin coma treatment.
- To refuse psychosurgery.
- To see and receive the services of a patient advocate who has no direct or indirect clinical or administrative responsibility for the patient.

Belongings

As a patient, I am encouraged to leave personal items at home. The hospital maintains a fireproof safe for safekeeping of money and valuables. The hospital is not liable for the loss or damage to any money, jewelry, documents, eyeglasses, dentures, hearing aids, cell phones, laptops, or other personal electronic devices, or other items that are not placed in the safe. Hospital liability for loss of personal property deposited with the hospital for safekeeping is limited to five hundred dollars (\$500) unless I receive a written receipt for a greater amount. In the Transitional Care Unit (TCU) the limit is fifty dollars (\$50).

Patient Responsibilities

As a patient you are responsible to:

- Give your health care provider accurate and complete information about present complaints, past illnesses, prior hospitalizations, medications, and other health related issues.
- Report changes in your condition to your health care provider.
- Tell your physician that you understand that treatment plan and what is expected of you.
- Follow the treatment plan and recommendation of your health care provider.
- Accept responsibility if you refuse treatment or for not following your agreed upon plan of care.
- Meet financial obligations in a timely manner.
- Understand and comply with your own insurance carrier's requirements in order to obtain the maximum benefits allowable.
- Follow the rules and regulations of the health care facility affecting patient care and conduct.
- Be considerate of the rights of other patients and hospital personnel and for assisting in the control of noise and the number of visitors. The patient is responsible for being respectful of the property of others and of the hospital.

- **Smoking Policy** - To protect and promote the health and safety of patients, visitors, employees, and staff, smoking is not permitted within USC Verdugo Hills Hospital buildings, including hospital lounges, waiting rooms, restrooms, stairwells, balconies, or roof tops. Smoking is permitted outside in the designated smoking areas only. Patients must have physician authorization to smoke.

Smoking Cessation Information - USC Verdugo Hills Hospital encourages a smoke-free environment. If you are a smoker and/or know someone who is, please speak to your doctor regarding available smoking cessation programs. Check the American Lung Association Website (www.lungusa.org or www.californialung.org) for helpful information on what steps to take. According to the American Lung Association, cigarette smoking has been identified as the most important source of preventable morbidity and premature mortality worldwide. The website contains information of the American Lung Association's Freedom for Smoking Programs (FFS), which addresses psychological and behavioral addictions to smoking and strategies for coping with urges to smoke.

Rules and Regulations - USC Verdugo Hills Hospital provides a safe, comfortable, caring environment for all patients and families conducive to healing and recovery. Please respect the rules and regulations of the hospital and follow directions from the staff or security personnel. Please be respectful of others' personal property and be considerate to all patients, visitors, family and staff. By minimizing noise and other unnecessary distractions, you can help us maintain a pleasant atmosphere for all.

Visitor Responsibilities - USC Verdugo Hills Hospital encourages the involvement of family and friends in caring for loved ones while they are hospitalized. If you are here as a visitor, please help us maintain a respectful environment by:

Being respectful of our patients by minimizing loud noises.

Keeping the numbers of visitors in your family member's room to a reasonable number (we recommend 2 people at a time), especially if your loved one shares a room with another patient, to ensure everyone's safety.

Cooperating with health care staff if you are asked to reduce visitors or shorten visits. We are concerned with the recovery of your loved one and want to ensure your loved one gets enough rest.

Limiting some visits from children. We recognize that a visit from a child family member can lift a patient's spirits. However, we are required to make sure children under 12 years of age:

- Have current immunizations (including chicken pox)
- Are currently healthy (no colds or runny noses)
- Have not been recently exposed to chicken pox.

NOTE: These restrictions are necessary in order to protect your loved one and ensure that our patients are not exposed to new illnesses during their stay.

Staying calm and following the staff's directions in any type of emergency.

Please let us know if we can be of assistance while you are visiting your loved one.

Your Right To Make Decisions About Your Medical Treatment

This section of the brochure explains your rights to make health care decisions and how you can plan what should be done when you are unable to speak for yourself.

Federal law requires that we give you this information.* We hope this brochure will help increase your control over your medical treatment.

Who decides my treatment?

Your doctors will give you information and advice about treatment. You have the right to choose. You can say, “Yes” to treatments you want. You can say “No” to any treatment you don’t want — even if the treatment might keep you alive longer.

*To implement Public Law 101-508, the California Consortium on Patient Self-Determination prepared this information in 1991; it was revised in 2000 by the California Department of Health Services to reflect changes in state law.

How do I know what I want?

Your doctor must tell you about your medical condition and about what the different treatments and pain management alternatives can do for you. Many treatments have “side effects”. Your doctor must offer you information about problems that medical treatment is likely to cause you.

Often, more than one treatment might help you and people have different ideas about which is best. Your doctor can tell you which treatments are available to you, but your doctor can't choose for you. That choice is yours to make and depends on what is important to you.

Can other people help with my decisions?

Yes. Patients often turn to their relatives and close friends for help in making medical decisions. These people can help you think about the choices you face. You can ask the doctors and nurses to talk with your relatives and friends. They can ask the doctors and nurses questions for you.

Can I choose a relative or friend to make health care decisions for me?

Yes. You may tell your doctor that you want someone else to make health care decisions for you. Ask the doctor to list that person as your health care "surrogate" in your medical record. The surrogate's control over your medical decisions is effective only during treatment for your current illness or injury, or if you are in a medical facility, until you leave the facility.

What if I become too sick to make my own health care decisions?

If you haven't named a surrogate, your doctor will ask your closest available relative or friend to help decide what is best for you. Most of the time that works. But sometimes everyone doesn't agree about what to do. That's why it is helpful if you can say in advance what you want to happen if you can't speak for yourself.

Do I have to wait until I am sick to express my wishes about health care?

No. In fact, it is better to choose before you get very sick or have to go into a hospital, nursing home, or other health care facility. You can use an **Advance Health care Directive (AHCD)** to say who you want to speak for you and what kind of treatments you want. These documents are called “advance” because you prepare one before health care decisions need to be made. They are called “directives” because they state who will speak on your behalf and what should be done. In California, the part of an advance directive you can use to appoint an agent to make health care decisions is called a **Power of Attorney For Health Care**. The part where you can express what you want done is called an **Individual Health Care Instruction**.

Who can make an advance directive?

You can if you are 18 years or older and are capable of making your own medical decisions. You do not need a lawyer to help you.

Who can I name as my agent?

You can choose an adult relative or any other person you trust to speak for you when medical decisions must be made.

When does my agent begin making my medical decisions?

Usually, a health care agent will make decisions only after you lose your ability to make them yourself. But, if you wish, you can state in the **Power of Attorney for Health Care** that you want the agent to begin making decisions immediately.

How does my agent know what I would want?

After you choose your agent, talk to that person about what you want. Sometimes treatment decisions are hard to make, and it truly helps if your agent knows what you want. You can also write your wishes down in your advance directive.

What if I don't want to name an agent?

You can still write out your wishes in your advance directive, without naming an agent. You can say that you want to have your life continued as long as possible. Or you can say that you would not want treatment to continue your life. Also, you can express your wishes about the use of pain relief or any other type of medical treatment.

Even if you have not filled out a written **Individual Health Care Instruction**, you can discuss your wishes with your doctor, and ask your doctor to list those wishes in your medical record. You can discuss your wishes with your family members or friends. It will probably be easier to follow your wishes if you write them down.

What if I change my mind?

You can change or cancel your advance directive at any time as long as you can communicate your wishes. To change the person you want to make your health care decisions, you must sign a statement or tell the doctor in charge of your care.

What happens when someone else makes decisions about my treatment?

The same rules apply to anyone who makes health care decisions on your behalf - a health care agent, a surrogate whose name you gave to your doctor, or a person appointed by a court to make decisions for you. All are required to follow your **Health care**

Instructions or, if none, your general wishes about treatment, including stopping treatment. If your treatment wishes are not known, the surrogate must try to determine what is in your best interest.

The people providing your health care must follow the decisions of your agent or surrogate unless a requested treatment would be bad medical practice or ineffective in helping you. If this causes disagreement that cannot be worked out, the provider must make a reasonable effort to find another health care provider to take over your treatment.

Will I still be treated if I don't make an advance directive?

Absolutely. You will still get medical treatment. We just want you to know that if you become too sick to make decisions, someone else will have to make them for you.

Remember that:

A **Power of Attorney For Health Care** lets you name an agent to make decisions for you. Your agent can make most medical decisions - not just those about life sustaining treatment — when you can't speak for yourself. You can also let your agent make decisions earlier, if you wish.

You can create an **Individual Health Care Instruction** by writing down your wishes about health care or by talking with your doctor and asking the doctor to record your wishes in your medical file. If you know when you would or would not want certain types of treatment, an **instruction** provides a good way to make your wishes clear to your doctor and to anyone else who may be involved in deciding about treatment on your behalf.

These two types of **Advance Health Care Directives** may be used together or separately.

Notice of Accessibility

USC Verdugo Hill Hospital is accessible to and useable by disabled persons, including persons who are deaf, hard of hearing, or blind, or who have other sensory impairments. Access features include:

- Convenient designated parking specifically for disabled persons.
- Curb cuts and ramps between parking areas and buildings.
- Level access into the front entrance and emergency room entrance with elevator access to all other floors.
- Fully accessible offices, meeting rooms, bathrooms, public waiting areas, cafeteria, patient treatment areas, including examining rooms and patient wards.
- A full range of assistive and communication aids provided to persons who are deaf, hard of hearing, or blind, or with other sensory impairments. There is no additional charge for such aids. Some of these aids include:
 - Qualified sign language interpreters for persons who are deaf or hard of hearing.
 - A twenty-four hour (24) telecommunication device (TTY/TDD) which can connect the caller to all extensions within the facility and/or portable (TTY/TDD) units, for use by persons who are deaf, hard of hearing, or speech impaired.
 - Readers and taped material for the blind and large print materials for the visually impaired.
 - Flash cards, alphabet boards and other communication boards.

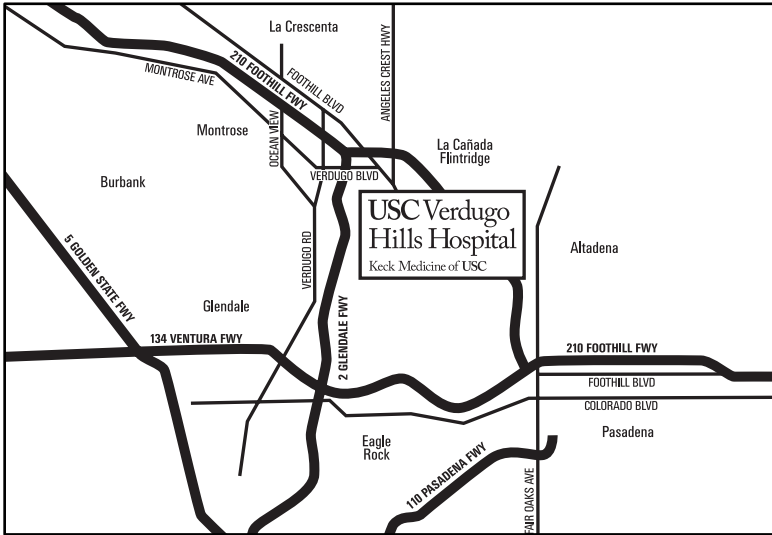
- Assistive devices for persons with impaired manual skills.

If you require any of the aids listed above, please be sure that the front desk concierge is aware or ask your nurse. They will be happy to assist you.

Directions to USC Verdugo Hills Hospital

1812 Verdugo Blvd, Glendale CA, 91208

(818) 790-7100

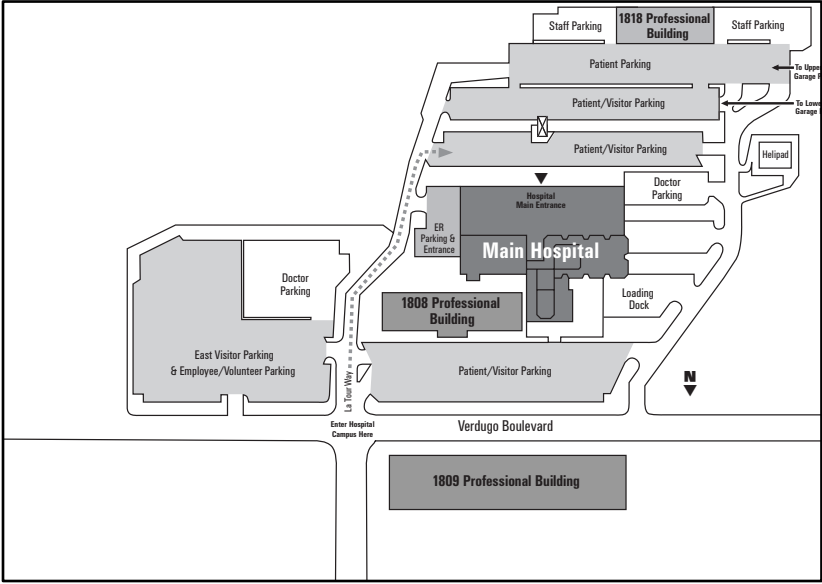


North on 2: (Merges with the 210 East - Pasadena) Stay to the far right. Exit at Verdugo Blvd., turn right. Hospital is on the right side.

East on 210: Exit at Ocean View Blvd., turn right. At the next light, turn left onto Montrose Avenue. At the second light, turn left onto Verdugo Blvd. Hospital is on the right side (past the freeway).

West on 210: Exit at Angeles Crest Highway and turn left. Turn right onto Foothill Blvd. At the second light, turn left onto Verdugo Blvd. The hospital is on the left at the second light.

USC Verdugo Hills Hospital Parking Areas



Notes

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